



2011 REGATTA RULES AND REGULATIONS

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Please Note: It is the responsibility of all competitors to be familiar with all rules that follow here. Violation of any of the following rules may result in penalties or disqualification.

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SUMMARY OF NEW RULES AND CHANGES FOR 2011

Although it is the responsibility of all competitors to be familiar with all rules in this handbook, we list a summary of New Rules and Changes in 2011, as a courtesy to competitors who have participated in multiple years.

Rule 1.1(**): Eligibility Specification	<i>Clarification of Junior National Team Participation.</i>
Rule 1.18: Lightweight Fours/Eights Men	<i>Simplification: All men's categories are max 165 lbs.</i>
Rule 10.5 and 10.6: Rule of Racing Passing	<i>Clarification: Change in language.</i>
Rule 11.3: Appeals Process	<i>Addition: Phone option for notifying intention to appeal.</i>

SECTION A: GENERAL ENTRY RULES

1. SPECIFICATIONS (all ages are as of race day, in number of whole years lived)

1.1. Club: Persons (coxswain included) not currently enrolled in high school*, who, in any sculling or sweep-oared competition ("master/veteran" competition excepted), DID NOT:

- (A) in the current or preceding eight calendar years, finish among the top three places at the FISA World Championships or Olympic Games;
- (B) in the current or preceding five calendar years, compete at the FISA World Championships or Olympic games;**
- (C) in the preceding five calendar years, finish in first-place in a Championship or Lightweight event-division at the Head Of The Charles Regatta;
- (D) in the preceding calendar year, earn a medal in any event-division at the Head Of The Charles Regatta; or finish among the top three places in an eight at the Canadian University Rowing Championship;
- (E) in the current calendar year, compete in the quarter-finals when there were at least 17 entries, semi-finals, or finals of the Henley Royal Regatta or Henley Women's Regatta;
- (F) in the current calendar year, finish among the top 6 places at USRowing Elite National Championships in any event-division in which there are at least 12 entries or in the top four in any event-division in which there are at least six entries;
- (G) in the current calendar year, finish among the top six places in any national team trials (juniors excepted), national or international championships (e.g., FISA World Cup, Pan-Am Games, FISA Junior Worlds, World Under 23 Regatta, Head Of The River Race, etc.), Copley or Jessop-Whittier events at the San Diego Crew Classic, first varsity eight event at EARC Sprints, EAWRC Sprints, South/Central Sprints, NCAA (Division I events only), PAC-10, or IRA;
- (H) in the current calendar year, finish among the top three places in a 2000 meter event at the Royal Canadian Henley Regatta (junior events excepted);
- (I) in the current calendar year, finish in first-place in a varsity eight event at the Dad Vail Regatta, the ECAC National Invitational Collegiate Championships, the American Collegiate Rowing Championships or NCAA Finals (all divisions).

* Students enrolled in high school are permitted to enter the Club singles event.

** Any athlete competing as a Senior or U23 national team member under the name of their nation's governing body in national or international competition in the current calendar year is ineligible for the Club event-division. Juniors who have competed as a junior national team member under the name of their nation's governing body in international competition in the current calendar year are also ineligible for the Club event-division.

NB: The Regatta reserves the right to rule on any competition situation not specifically addressed above and to grant exceptions on the rules above based on competitive standards.

1.2. Men's Collegiate* Fours/Eights: Eligible men's rowing programs are those whose crews did not:

- (A) in the current calendar year, compete in the Copley event at the San Diego Crew Classic;
- (B) in the current calendar year, compete in finals (grand or petite) of a first varsity eight at the EARC Sprints or IRA Championships;
- (C) in the current calendar year, finish among the top six places at the PAC-10 Championships;
- (D) in the preceding calendar year, finish among the top six places in an eight at the Canadian University Rowing Championships.

1.3. Women's Collegiate* Fours/Eights: Restricted to crews whose rowing programs are considered Division II or III status under NCAA rules or non-varsity rowing programs whose crews did not:

- (A) in the current calendar year, compete in the Jessop Whittier event at the San Diego Crew Classic;
- (B) in the current calendar year, compete in the finals (grand or petite) of a first varsity eight at the EAWRC or South/Central Sprints; or
- (C) in the preceding calendar year, finish among the top three places in an eight at the Canadian University Championships.

* Bona fide students enrolled at and representing accredited/chartered colleges or universities and eligible to compete in intercollegiate athletics are eligible for the Collegiate event-divisions. Applicants outside of North America must contact HOCR before applying for Collegiate events in order to assess that they are properly placed in this event. The HOCR will make eligibility determinations for all foreign crews.

NB: In the interest of fair competition, the Regatta reserves the right to rule on a crew's eligibility and appropriate placement in any Collegiate event-division.

1.4. Alumni Eight: Persons who attended the same academic institution (named at the time of entry application) who are not currently enrolled at the institution in question.

1.5. Youth Singles/Doubles: Persons enrolled in high school (Youth Single: Special Medal)

1.6. Youth Fours/Eights: Persons (coxswain included) enrolled in high school.

For Masters events, all ages are as of race day in number of whole years lived.

1.7. Master Singles: At least 30 years old.

1.8. Master Doubles/Fours/Eights: Rowers' ages average at least 40 years, none except coxswain under 30 years old.

1.9. Senior-Master Singles: At least 40 years old.

1.10. Senior-Master Doubles/Fours/Eights: Rowers' ages average at least 50 years, none except coxswain under 30 years old.

1.11. Grand-Master Singles: At least 50 years old.

1.12. Grand-Master Doubles/Fours/Eights: (Special Medal within Senior-Master events) Rowers' ages average at least 60 years, none except coxswain under 30 years old.

1.13. Veteran Singles: At least 60 years old.

- 1.14. Veteran Doubles/Fours/Eights:** (Special Medal within Senior-Master events) Rowers' ages average at least 70 years, none except coxswain under 30 years old.
- 1.15. Senior-Veteran Singles:** At least 70 years old.
- 1.16. Grand-Veteran Singles:** At least 75 years old (Special Medal within Senior Veteran events).
- 1.17. Lightweight Singles:** Men: not over 160 lbs. Women: not over 130 lbs.
- 1.18. Lightweight Fours/Eights:** Men: rowers' weights not over 165 lbs., no averaging; Women: rowers' weights not over 133 lbs., no averaging. No person (coxswain included) enrolled in high school.
- 1.19. Championship Singles:** Open (unrestricted).
- 1.20. Championship Doubles/Fours/Eights:** No person (coxswain included) enrolled in high school.
- 1.21. Men's Divisions:** Male rowers and scullers only (coxswain excepted).
- 1.22. Women's Divisions:** Female rowers and scullers only (coxswain excepted).
- 1.23. Coxswains:** Must carry sufficient weight so as to weigh at least 100 lbs. over the entire racecourse.
- 1.24. Singles/Doubles:** Traditional sculling racing shells, without coxswain.
- 1.25. Fours/Eights:** Traditional sweep-oared racing-shells, with coxswain.

2. ENTRY APPLICATION

2.1. Sculling (Singles/Doubles) Entry Application: Entry Applications shall be accepted only from USA residents that are either individual members of USRowing or members of a USRowing-member institution, and from foreign nationals that are in good standing with their nation's FISA-recognized governing body. Single scullers may submit only one Entry Application and may not subsequently be renamed or substituted-for after the entry deadline (August 1st). Doubles Entry Applications (**Youth Double excepted**) must include the names of both scullers and neither may be renamed or substituted for after the doubles entry deadline (September 1st). Applications to the Youth Double Event may be made by the institution (September 1st deadline); athletes must be named or can be renamed by October 1st. Institutions may submit no more than four entry applications in the Men's Youth Double Event-division and no more than four entry applications in the Women's Youth Double Event-division.

Exceptions may be made by the Managing Directors in the event of injury or illness.

2.2. Sweep-oared (Fours/Eights) Entry Application: Entry applications shall be accepted only from institutions holding "institutional membership" in their nation's FISA-recognized governing body and/or "institutional membership" in the Head Of The Charles Regatta (by having opted to pay the Regatta's annual Institutional Membership Fee) and that have properly registered their entry validation signature and racing colors with the Regatta by the submission of a current year's **Institutional Registration Card** and payment of the Regatta's annual Institutional Registration Fee.

Only one Institutional Registration Card will be accepted from each school, college or university rowing organization with the following exception: two Institutional Registration Cards, one for men and one for women, will be accepted from a single institution (school, college or university) in cases where men's and women's programs have been historically separate, or where men's and women's programs are organized separately.

2.3. Alumni Entry Application: Organizations submitting entries to the Alumni Eight must hold "institutional membership" in their nation's FISA-recognized governing body and/or "institutional membership" in the Head Of The Charles Regatta (by having opted to pay the Regatta's annual Institutional Membership Fee) separate of their high school, undergraduate, or graduate institution. Alumni and graduate school rowing clubs will be considered as separate institutions from their affiliated school, college, or university and will not be permitted to share entries with their affiliated academic institution.

2.4. Athlete Line-ups: The names of competitors in sweep-oared entries need not be revealed until Wednesday, **October 12, 2011** by which time, crew lineups must be completed online. All coaches are responsible for requiring all named crew members to sign a waiver online by October 12th. Late changes may be made at Registration. It is the respon-

sibility of the institution to ensure that the Head Of The Charles Regatta is in possession of the correct crew lineup before the close of registration, and that all persons are eligible for the event-division in which they are listed crew-members (athlete line-ups will be posted online at www.hocr.org). Only bona fide members of an institution shall be eligible to compete in a sweep-oared entry representing that institution. Because of liability in the event of an accident on the race course, any institution which knowingly allows any of its members to assume a spurious affiliation with another institution in order to enable a particular crew to gain entry to the Regatta, or any institution which knowingly allows its name to be used by any individuals who are not bona fide members of that institution in order to enable a particular crew to gain entry to the Regatta, will be subject to sanctions by the Managing Directors.

- 2.5. Entry Deadlines:** Singles Entry Applications must be received with payment by August 1st. Doubles, Fours and Eights Entry Applications must be received with payment by September 1st. Order of receipt prior to the applicable deadline is immaterial.

3. ENTRY ACCEPTANCE

- 3.1. Sculling (Singles/Doubles) Entry Acceptance:** On the basis of winning a Special Medal or finishing within 5% of the winning time in the event-division in which they competed in the preceding year, Single-scullers are guaranteed entry acceptance into the singles event of their choice, provided all conditions of eligibility, deadlines, fees, etc., are met. Except for variances, which only the Managing Directors may grant, a blind draw in early August shall determine all other entry acceptances as follows: Single scullers who in the preceding year were not accepted, did not apply, or who posted a time more than 5% but within 10% of the winning time in their event-division, will be drawn first, followed by those whose times were more than 10% but within 15% of the winning time in their event-division, followed by those who did have entries accepted but failed to post times within 15% of the winning time in their event-division. The singles draw will take place in early August.

Entry acceptance for double scullers shall be conducted following the same procedure as Single Sculls. The finishing percentages apply only to double scull entry applications naming the same two individuals who competed the prior year. Any other combination will be considered a new entry. In the Youth Double only, guaranteed entries will be applied to the institution rather than to individual athletes. The doubles draw will take place in early September.

Guaranteed entry acceptance to the Grand Master Double will be determined on the basis of finishing within 5% of the winning time of the top finishing **Grand Master Double** within the Senior Master event-division.

- 3.2. Sweep-oared (Fours/Eights) Entry Acceptance:** On the basis of winning a Special Medal or finishing within the top half (based on entries) of the sweep-oared event-division in which they competed the preceding year, institutions are guaranteed entry acceptance into those same event-divisions, provided all conditions of eligibility, deadlines, fees, etc., are met. If a guarantee was earned in a Club event-division, such guarantee may be transferred, at the time of entry application, to the same division (Men's/Women's) and boat type (Fours/Eights) in another sweep-oared event. Institutions planning to compete for the **College-Championship (CC)**, **Grand-Master (GM)**, and **Veteran (V)** Special Medals should elect to do so when submitting athlete line-ups. Designations may be made on-site at Registration.

Guaranteed entry acceptance to the Grand Master Fours and Eights will be determined on the basis of finishing within the top half of all **Grand Master** crews registered within the Senior Master Fours and Eights. In addition to such 'guaranteed' entries, an institution may submit up to four sweep-oared non-guaranteed entry applications in men's event-divisions and up to four sweep-oared non-guaranteed entry applications in women's event-divisions with the following restrictions:

- (A) Institutions may submit only **one non-guaranteed entry per event-division**.
- (B) Including guaranteed entries, an institution may have **no more than three entries** in a single event-division (i.e. if in an institution has three guaranteed entries in a single event-division, they may not submit an additional non-guaranteed entry application in that same event-division).

Except for Charity Program entries, and except for variances, which only the Managing Directors may grant, a blind draw from among the applications in each event-division shall be used where necessary to determine the final entry acceptances in each sweep-oared event-division.

3.3. Extra Entries: As compensation for providing operational assistance to the Regatta, the Managing Directors may grant the acceptance of one extra (but “non-point earning”) entry to each of a limited number of local institutions into the sweep-oared event-division of the institution’s choice.

3.4. Event-Division Sizes: In addition to Charity Program and Extra entries, the Regatta shall accept up to 1000 sweep-oared entries, 500 singles entries, 200 doubles entries with allowed minimums of 20 in single sculling event-divisions, and 15 in double sculling event-divisions and sweep-oared event-divisions, and a maximum of 75 in any one event-division subject to **Rule 3.2.B.**

Beyond each event-division’s allowed minimum or its number of received guaranteed entry applications, whichever is greater, and subject to the above cited maximum, the number of non-guaranteed entries accepted into an event-division shall be determined by the event-division’s proportional share of the remaining non-guaranteed entry applications received for its “boat type” (e.g., singles or doubles).

3.5. Club Singles Status: Accepted Club Singles entrants that continue to meet Club specifications as of September 1st shall be considered to have met them for the current year’s Regatta, but any that lose their Club status between the time of entry application and September 1st, must notify the Regatta immediately so as to be eligible for transfer to a less restricted singles event by October 1st.

3.6. Entry Withdrawal Deadline and Penalties: The deadline for withdrawing an entry is October 1st. No refund will be given for withdrawn entries.

Accepted Single scullers who fail to notify the Regatta in writing of their withdrawal or inability to compete on or before October 1st shall not be eligible to compete in any event in the current year’s (2011) Regatta, nor in any sculling event in the following year’s (2012) Regatta. The Regatta will replace withdrawn entries by offering entry to the next applicant or crew on the waiting list (based upon the original blind draw) for the same event-division.

3.7. Personal Competition Limits: With the sole exception of the Directors’ Challenge Races, no person (including coxswains) shall be eligible to compete in more than one event-division (race) at the Regatta and any person that remains entered in a sculling event after the October 1st withdrawal deadline shall not be eligible to compete in any sweep-oared event in the current year’s Regatta.

3.8. Ineligibility Discovery: All scullers and all members of crews must be eligible for the event-division in which they are competing. Any crew containing an ineligible competitor and any sculler not eligible will be assumed to be knowingly violating the rules and will be disqualified from this and possibly future Regattas, and the institution may face further sanction.

Only bona fide members of an institution shall be eligible to compete in a sweep-oared entry representing that institution, and the names of all such competitors must be accurately reported at Regatta Registration. Following the completion of Registration, any entry discovered (either before or after competing) to include an incorrectly identified or ineligible person, shall be subject to immediate disqualification.

Objections to any entry’s eligibility may be made at the Information Booths at the Cambridge Boat Club and the Rowing & Fitness Expo at any time, but preferably before the race in question. All athlete line-ups will be posted at www.hocr.org following the close of on-site registration.

3.9. Appeals: Scullers, and institutions represented by sweep-oared entries, may appeal for relief from any ruling of ineligibility or any penalty imposed upon them by the Regatta for alleged infractions, e.g. interference, course violations, etc., but no protest alleging interference by a competing entry shall be heard. (Please refer to **Section B, Rule 11: Appeals**)

3.10. Seeding/Starting Order: Single scullers who properly competed in a singles event the preceding year and whose entries are accepted will start ahead of all newcomers and will be seeded in the order of their raw times recorded the preceding year. The starting position of all newcomers will be determined

by a blind draw in early October. With the exception of the Youth Double, seeding of double scullers will follow the same procedure.

An institution which has an entry accepted into a Youth Double event-division or a sweep-oared event-division in which it properly competed the preceding year will start ahead of all new entrants in that event-division and will be seeded according to its finishing position in that event-division in the preceding year. The starting position of newcomers will be determined by a blind draw in early October. The Regatta reserves the right to make exceptions to the seeding policy.

4. MEDALS

4.1. First Place Medals: Two-and-one-half inch bronze medals, engraved 1st PLACE shall be awarded to all competitors in entries that post the fastest time in the event-division in which they competed.

4.2. Special Medals: Two-and-one-half inch bronze medals, engraved (a) YOUTH (b) GRAND-VETERAN (c) VETERAN (d) GRAND-MASTER or (e) COLLEGE-CHAMPIONSHIP, shall be awarded respectively to (a) the “most competitive” male and female Youth single scullers in the Regatta (basis: percent-margin over the fastest time posted in their event-division), (b) the most competitive Grand-Veteran in the men’s and women’s divisions of Senior-Veteran Singles, (c) the fastest Veteran crew in each event-division of the Senior Master 2x, 4+, and 8+, (d) the fastest Grand-Master crew in each event-division of the Senior-Master 2x, 4+ and 8+, or (e) the fastest crew made up of undergraduates representing accredited/chartered Colleges or Universities in each event-division of the Championship 4+ and Championship 8+. Institutions planning to compete for the Grand-Master or College-Championship Special Medals should elect to do so when submitting athlete line-ups with the exception of the Grand Master Double, in which the Special Medal designation must be noted at the time of entry application. Winners of special medals will not be awarded subordinate medals should they qualify. No special medal will be awarded if the first place medal winner also qualifies for a special medal.

4.3. Subordinate Medals: Subordinate Medals are awarded as follows: 2nd PLACE in event-divisions comprising at least ten entries, 3rd PLACE in those comprising at least twenty entries, 4th PLACE in those comprising at least thirty entries, and 5th PLACE in those comprising forty or more entries.

EVENT SPECIFICATION	1x	2x	4+	8+	EVENT SPECIFICATION	1x	2x	4+	8+
Club	•		•	•	Veterans	•	SM	SM	SM
Collegiate			•	•	Senior-Veterans	•			
Youth	SM	•	•	•	Grand-Veterans	SM			
College-Championship			SM	SM	Lightweight	•		•	•
Masters	•	•	•	•	Championship	•	•	•	•
Senior-Masters	•	•	•	•	Alumni				•
Grand-Masters	•	SM	SM	SM					

Note: SM denotes Special Medal

Figure 4.1.1 Summary of Awarded Medals and Special Medals

5. REGISTRATION

(Waivers and Athlete Line-ups must be submitted online by October 12)

5.1 Registration Hours and Location: Every single sculler, a representative from every double scull, and every institution entering one or more crew events must also register on-site. On-site Registration will

be open on Friday, October 21st from 12:00PM – 6:00PM and Saturday, October 22nd from 7:30AM – 4:00PM. Competitors may NOT register any later than 3 hours prior to the start of their race. There is NO Sunday Registration. Registration is held at the Head Of The Charles Rowing & Fitness Expo, at the Finish Area Launch Site (FALS).

5.2. Registration Requirements

- (A) Waivers: **Waivers must be submitted online by Wednesday, October 12th.** Scullers who applied online completed waiver requirements during the online application process. Scullers who submitted paper applications and all crew athletes (including minors) must complete the event waiver available at www.rowingwaiver.com. When crew athletes have completed the waiver, they should identify the team contact person's email address.
- (B) Scullers (Singles and Doubles): **All single scullers and one representative from each double scull entry must attend registration.** If you are a US rower unaffiliated with a USRowing member organization, you must bring your current USRowing membership card.
- (C) Crew Lineups: All crews must submit lineups through www.hocr.org by October 12. Athletes must have completed waivers (see above). Registration will have on record the crew's Athlete Information including waiver status. Substitutions made after October 12th require notice and confirmation from the Event Director, and may result in delay at on-site Registration. No substitutions are permitted once a crew has completed on-site Registration. **All athlete line-ups will be posted on www.hocr.org after the October 12 deadline.**
- (D) Lightweight Weigh-In Procedures: Entrants in the Lightweight Events must be weighed in by the Clerk of Scales and must obtain from the Clerk a properly stamped official Weigh-in form to present at Registration. **All lightweight rowers (singles and all crew members) must bring photo ID (e.g.: driver's license, passport) to weigh-in.** All rowers in a crew must weigh-in together. Weigh-ins will be conducted on **Saturday** between 7:30 AM and 4:00 PM at FALS adjacent to the Rowing & Fitness Expo.
- (E) Coxswains: Coxswains are on their honor to meet the 100 lb. weight minimum, and will not be weighed. However crews found to have competed with a coxswain not meeting this requirement may be disqualified.

WARNING: Any entry that fails to register by the close of Registration may be denied access to its race. Notwithstanding the prescribed penalties for failing to give notice of withdrawal by October 1st, any entry which finds it cannot compete and/or register on time, should notify the Regatta immediately at (617) 868-6200.

5.3. Numbers

- (A) Each boat is assigned a starting number, which is reflected on the Bow Number Card and on Shirt Number Cards that will be given out at Registration.
- (B) The Bow Number Card must be affixed within one foot of the bow tip of the boat. Boats without Bow Number Cards appropriately affixed when crossing the Starting Line will be given a 60-second penalty. FISA-approved bow number clips must be used to secure Bow Numbers. Additional adhesives may be applied to secure the Bow Number Card to the boat provided that they do not obscure the numerals.
- (C) The Shirt Number Card must be worn visibly on the back of each single sculler, each bow seat rower, and each coxswain. In the case of a bow-coxed shell, the coxswain's number should be affixed flat to the stern decking with tape.
- (D) An additional Shirt Number Card (bib) will be provided for all boats (singles, doubles, quads, fours, and eights) and must be affixed to the stern decking with tape.
- (E) Entrants with obscured or missing numbers may miss being timed.

5.4. Equipment

- (A) Each crew, single, or double is responsible for having a protective “ball” on the prow of the boat. Any shell without a protective ball will not be allowed to start.
- (B) Each crew or single or double sculler rowing in a shell equipped with flexible sole shoes attached to the foot stretchers is responsible for making sure that the heels of the shoes are attached to the stretchers by a method that allows for quick exit in case of emergency. Boats observed to be without this feature will not be allowed to race.
- (C) All competing scullers and crews must row in fixed-rigger sliding-seat racing shells.
- (D) All racing boats are on their honor to comply with FISA Minimum Boat Weights. Any crew found to have competed in a boat not meeting the FISA minimum weight may be disqualified.

6. THE RACE COURSE

6.1. Race Course Description: The race course starts at the Boston University Boathouse and goes almost immediately under the combination of a railroad trestle bridge and the B.U. Bridge. It then proceeds through 5 (five) triple-arch bridges to the Finish Line approximately 3 miles upstream.

While the railroad trestle bridge’s second arch from the right (Cambridge shore) is the preferred lane and the center arch of the five remaining bridges is the preferred route over the rest of the course, the right (closest to Cambridge shore) arch of four of those remaining bridges may be used when a center arch appears too congested, the exception being the Lars Anderson Bridge (by Harvard’s Weld Boathouse), whose right (closest to the Cambridge shore) arch is out of bounds. Going through the right arch (closest to Cambridge shore) of the Lars Anderson bridge (by Harvard’s Weld Boathouse), or going through any bridge’s left (closest to the Boston shore) arch, will result in a 60-second penalty in addition to any buoy violation penalties incurred by doing so.

6.2. B.U. Bridge/Railroad Trestle Bridge: While the railroad trestle bridge’s second arch from the right (Cambridge) shore is the preferred route, the right (closest to Cambridge) arch of the railroad trestle bridge may be used (**WITH EXTREME CAUTION**) when the center arch appears too congested. Use of this arch is permitted but strongly discouraged.

6.3. Race Course Boundaries: From the coxswain’s view on the race course from the start line, the right hand shore (to starboard) is the Cambridge shore and the left hand shore (to port) is the Boston shore. The Race Course is bounded by a continuous line of orange buoys to port (Boston side) and an intermittent line of green buoys to starboard (Cambridge side). Where there are no green buoys, the Cambridge shore is the right side boundary of the course.

6.4. Coxswain’s Clinic: All coxswains in the Club and Youth events are strongly advised to attend the Coxswain’s Clinics, on Friday, October 21st and Saturday, October 22nd. Time and location to be posted on the website.

SECTION B: REGATTA AND RACING RULES

7. TRAFFIC RULES (RACING AND NON-RACING BOATS)

7.1. Safety: Any boat showing a disregard for safety, at any time during the weekend (including practice) will be given a **60-second penalty** or may be **disqualified**. Safety violations may include but are not limited to: not following the published traffic patterns; not following the instructions from the Marshals and Dock Masters; etc.

7.2. Buoys: Boats must keep to the right (coxswain’s view) of the orange buoys at all times during the weekend. In areas where there are no buoys (early on Friday before the course has been set or above or below the buoyed course) boats should keep to the right side of the river (coxswain’s view). Traffic patterns should be observed during practice as well as during races. Please see “Practice Traffic Pattern Map” and “Race Traffic Pattern Map” diagrams.

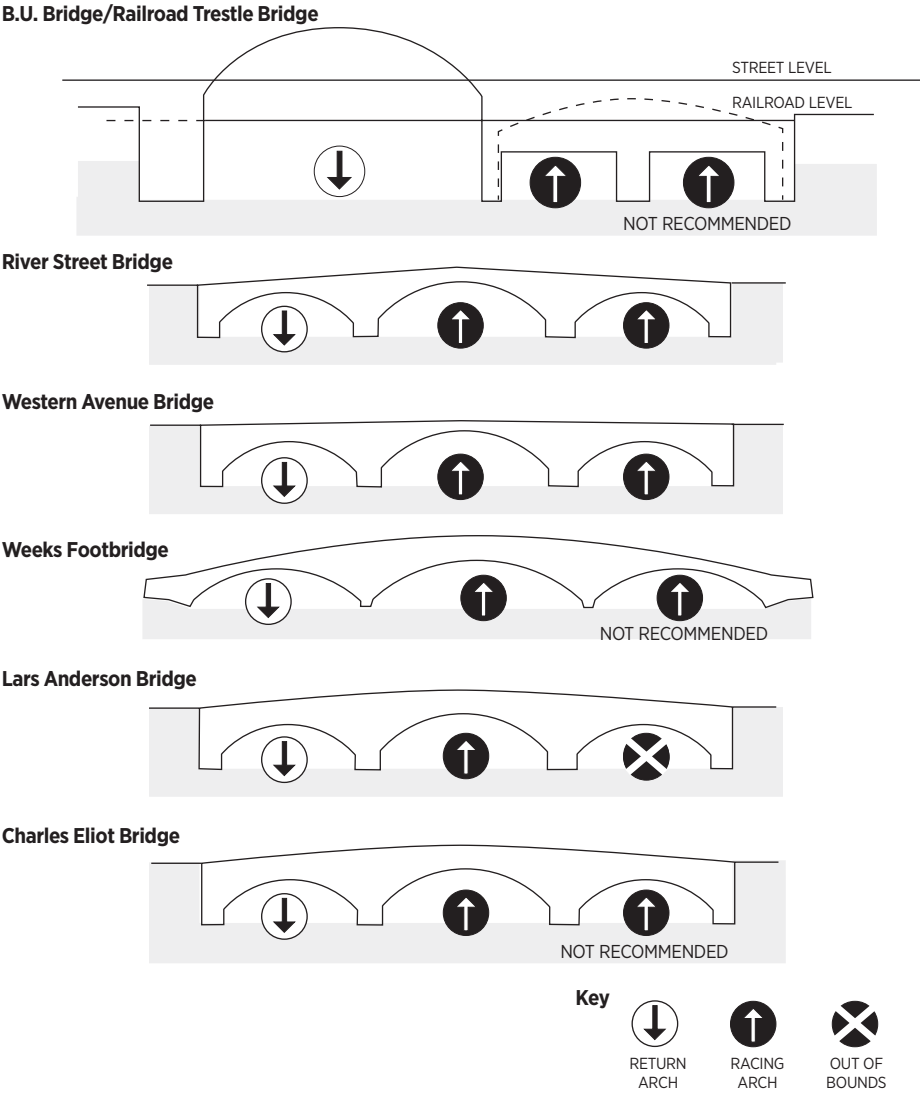
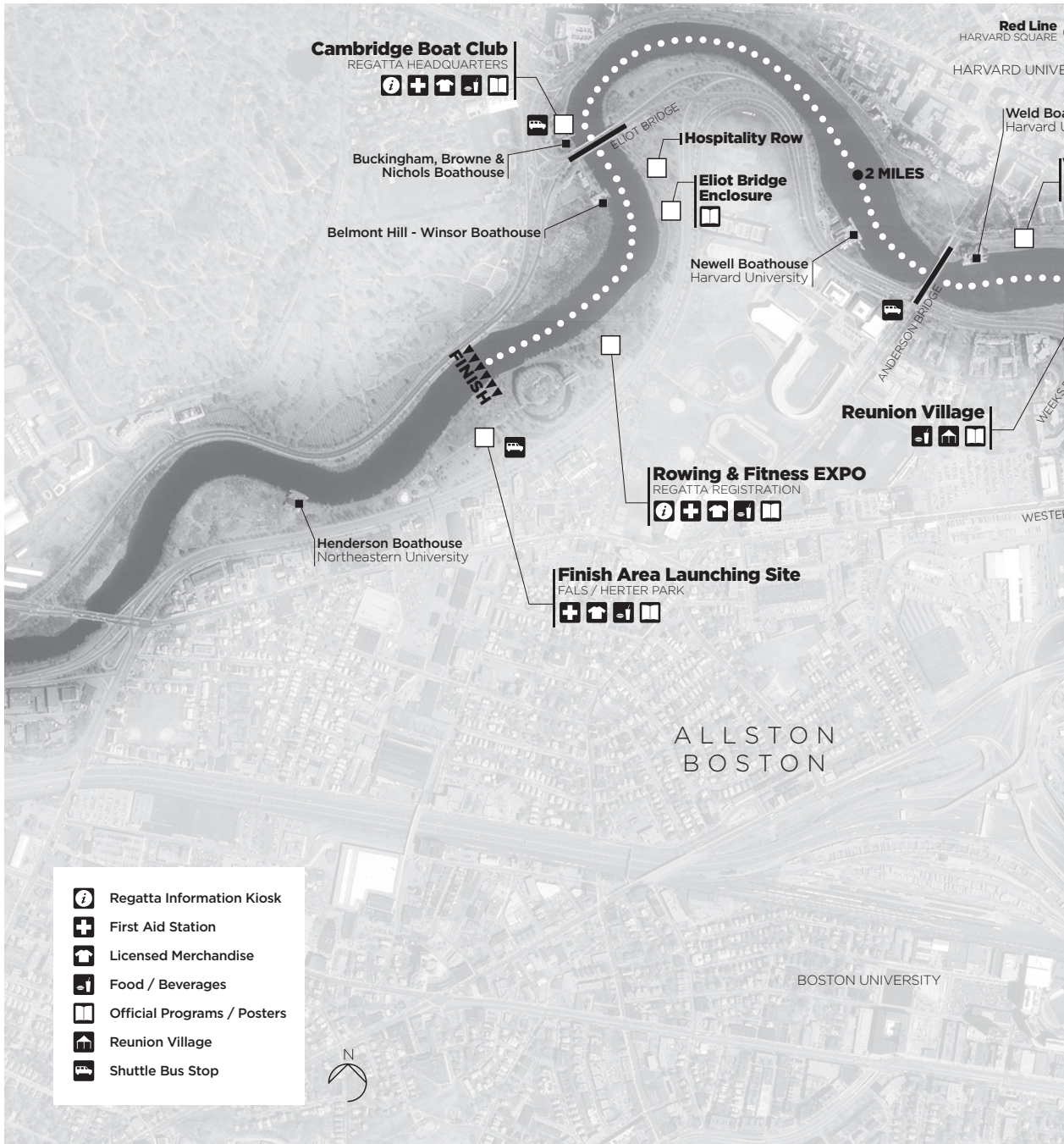


Figure 6.1.2 Bridge Traffic Guide

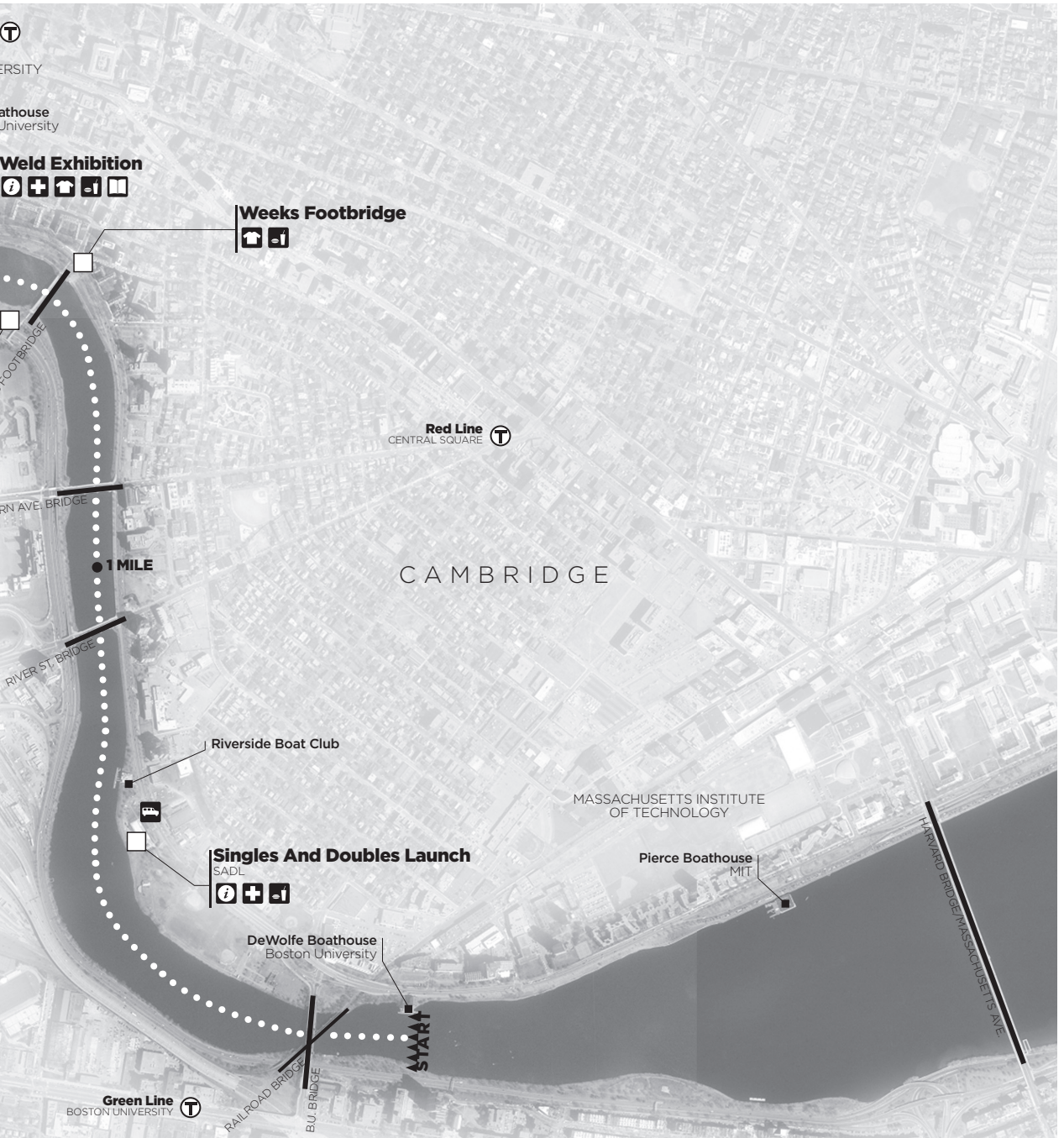
7.3. Sportmanship: Good sportmanship must prevail at all times. Instances of unsportsmanlike conduct by scullers, crews, and/or coaches will be reported to the Jury, and penalties may be assigned.

7.4. Double Buoyed Areas: The Cambridge Boat Club bend, downstream from the Eliot Bridge, and the Weeks Bridge turn will be double buoyed on the Boston side (orange and white buoy lines). The space between the colored buoys and white buoys is considered completely out-of-bounds for hulls of all



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FORTY-SEVENTH HEAD OF THE CHARLES® REGATTA



UPDATED 082211

Race Course Map

racing and non-racing boats. Persistent excursion into the out-of-bounds zone may be grounds for a penalty as assessed by the Jury. (see Rule 7.6)

7.5. Travel Lane: Once the buoyed course has been set, at all times during the weekend (Friday or race days), crews and scullers proceeding downstream in the Travel Lane must proceed firmly, with no stopping to watch races, and with no power strokes, and shall remain in single file unless there is clear room to pass. The Travel Lane areas are defined as 1) Boston-side travel from the finish line to just downstream of Weeks footbridge. Warm up (power strokes) is permitted from just downstream of Weeks footbridge to BU Bridge only if it is safe to do so, exercising extreme caution near Riverside Boat Club and Magazine Beach. No stopping is permitted between BU Bridge and the entrance of the Queuing Zone. The primary Warm-up area is in the designated Warm-up Zone in the basin downstream of the start funnel.

*** Competitors should anticipate a limited on-water warm-up.

7.6. Non-Racing boats: Except when crossing the river, and at the discretion of the Jury, any non-racing boat proceeding downstream on race day which enters the race course may be **penalized 10-seconds** for each orange buoy violated by the hull. Even when the hull of a non-racing boat stays within the travel lane, **any non-racing boat which interferes in any way with a racing boat will be severely penalized and may face possible disqualification. (Note: non-racing boats must take into consideration that a racing crew's oars may cross the orange buoy line - see Rule 10.3)**

7.7. Right of Way: Boats racing have the right of way over all other boats. Boats not racing shall not proceed upstream along any part of the course after the start of the first race of the day until the conclusion of the last race of the day except when necessary to launch or land. Practicing on the course between races could result in a **60-second penalty**, at the discretion of the Jury.

7.8. Crossing: Boats proceeding in line with the direction of the river have the right of way over boats crossing the river. Care should be taken when turning around or crossing the river.

7.9. Finish Line: After crossing the finish line, boats should immediately paddle upstream to the end of the line of buoys and wait for instructions from the Marshal.

7.10. Launching from Non-HOCR Docks: Crews launching from Belmont Hill - Winsor Boathouse, Buckingham Browne and Nichols Boathouse, Cambridge Boat Club, Weld Boathouse, and Riverside Boat Club should await instruction from a Marshal before crossing the race course. Boats launching from Boston University Boathouse should travel downstream along the Cambridge shore prior to entering the Queuing Zone. Boats returning to Boston University Boathouse should travel downstream along the Boston shore to the end of the Queuing Zone and proceed around the warm-up zone with the flow of traffic and then hug the Cambridge shore after passing MIT Boathouse, proceeding to the BU Boathouse (unless light traffic allows crossing to the Cambridge shore between the Queuing Zone and the warm-up zone). Returning crews should be alert for crews launching from BU Boathouse coming towards them.

7.11. SADL Launching: Boats launching from the Singles and Doubles launch site should travel upstream to the Riverside Boat Club and await instruction from a Marshal prior to crossing the race course. Boats returning to the Singles and Doubles launch site should cross just downstream of SADL ONLY after the instruction of a Marshal (see: SADL Race Traffic Pattern Map).

7.12. Right to Close the Course: The Race Committee has the right to close the course and launch sites at any time during the weekend due to darkness or safety concerns.

7.13. Wet Launching: No boats are permitted to wet launch. All crews and scullers must use the docks provided by the HOCR. Violation of this rule may result in disqualification.

8. PRACTICE RULES

8.1. Launching Hours: Safety and insurance considerations mandate that all boats be off the water by 6:00 PM on Regatta weekend. **No Boats will be allowed to launch after 5:30 PM on Friday. There will be no Saturday PM practice.** Crews violating this rule may be penalized or **disqualified**.

- 8.2. Coaching Launches:** No coaching launches of any kind will be allowed on the river on Friday, Saturday or Sunday at any hour.
- 8.3. Practice Hours:** Practice will be available on Friday for all boats. The river will be closed to all non-racing shells after practice ends on Friday evening with the following exceptions: Saturday morning, prior to racing, practice will be available for singles, doubles and quads ONLY. It is recommended that rowers practice on Friday.
- 8.4. Turning:** No turning is permitted between the Weeks Footbridge and the Riverside Boat Club. Please make turns safely downstream of Riverside Boat Club or upstream of Weeks footbridge.
- 8.5. Lights:** All crews launching before sunrise or on the water after sunset must use bow and stern lights.

9. RULES OF RACING: STARTING

- 9.1. Latecomers:** Because of the nature and size of each event it is impossible to wait for latecomers. Each crew and sculler is responsible for being on time for their event.
- 9.2. Basin Traffic Pattern:** All boats should follow the Basin Traffic Pattern (this map should be downloaded from the maps section of the website) except when otherwise directed by the Marshals. All boats should be in the buoyed Queuing Zone 5 minutes prior to the start of their race. Boats should assemble in the Queuing Zone in numerical order in two rows with the odd numbers on the Boston side and even numbers on the Cambridge side (see: Start Chute Traffic Pattern on previous page). Boats should merge into single file in numerical order as they enter the Starting Chute, allowing an interval of 2 - 3 lengths (or as instructed by Marshals or the Starter). Boats should maintain an interval of 2 - 3 lengths as they approach the Start Line (unless otherwise instructed by the Starter). Crews or Scullers that fail to follow the Starter's commands will be penalized.
- Note of advice:** Passing is permitted prior to the BU Bridge using extreme caution. Overtaking boats must ensure room is available to complete a safe pass and are subject to a safety penalty (**Rule 10.1**) in the event that the overtaken boat is forced into an abutment. While the railroad trestle bridge's second arch from the right (Cambridge) shore is the preferred route, the right (closest to Cambridge) arch of the railroad trestle bridge may be used (WITH EXTREME CAUTION) when the center arch appears too congested. Use of this arch is permitted but strongly discouraged.
- 9.3. Late Boats:** Late arriving boats should not cross the line of buoys to jump into the starting sequence, but should await instruction from the Marshals or Starter. Boats that arrive late may be allowed to start behind their assigned position, but only at the discretion of the Starter. Any boat that starts out of sequence against the orders of the Starter will be **disqualified**.
- 9.4. Re-Start:** Once a boat has crossed the starting line and a time has been captured, under no circumstances shall a re-start be permitted.
- 9.5. Time Gaps between Event-Divisions:** The HOCR Starter will maintain a predetermined variable gap of several minutes between each event-division.

10. RULES OF RACING: RACING

Interference and/or buoy penalties are assigned at the sole discretion of the Jury following their review of the observations and recommendations of the Umpires. Repeated or severe interference may result in **disqualification**.

- 10.1. Disregard for Safety:** Any boat showing a blatant disregard for safety will be severely penalized (time penalties awarded by the Jury) and may be **disqualified** from the Regatta.
- 10.2. Coxswain on Board:** Fours and eights must have their coxswain on board during the entire race. Failure to do so will result in **disqualification**.
- 10.3. Buoys During Racing:** During racing, boats must stay on the Course that is between the orange buoys

to port (Boston side) and the green buoys to starboard (Cambridge side). Oar blades may go over the buoys but the hull of the shell must stay inside the buoy line. Each buoy taken on the wrong side of the hull will result in a 10-second penalty.

10.4. Bridges: Going through the right arch (closest to the Cambridge shore) of the Lars Andersen Bridge (by Harvard's Weld Boathouse), or going through any bridge's left (closest to the Boston shore) arch, will result in a 60-second penalty in addition to any buoy violations incurred by doing so.

10.5. Non-Yield Interference (IN): When a passing crew (The Passer) closes to within one length of open water on the boat being overtaken, it is the responsibility of the slower crew to yield the line chosen by the Passer in a timely manner. The Yield should be completed by the time the overtaking boat has closed within ½ boat length. A crew failing to yield to a Passer when there is adequate room and time to yield will incur the following interference penalties; Interference (IN) Failure to Yield:

- 1st infraction **60 second penalty**
- 2nd infraction **120 second penalty**
- 3rd infraction **disqualification from the Regatta**

10.6. Severe Collision (IS): A passing crew (The Passer) has the right to pass on the side of its choice if and when a safe pass can be accomplished. The Passer must allow sufficient room for both their boat and the boat overtaken to stay safely within the race course. If a pass is attempted, the Passer shall not press the right to overtake to the point of severe collision. During a severe collision one or more of the following may occur:

- (A) damage to a hull
- (B) personal injury or
- (C) the boat being overtaken is forced either off the race course or into a bridge .

If a crew causes a severe collision that crew may be assessed a 60 second (IS) Severe Collision time penalty and may face further sanctions under **Rule 10.1**.

10.7. Safety of Rowers: If one or more rowers are lost from a boat during the race, the affected crew should first ensure the safety or rescue of the rower(s). If the rower(s) is (are) safe, the crew may continue to the finish line.

10.8. Unsportsmanlike Conduct: Incidents of unsportsmanlike conduct by a competitor or crew, including the use of personally abusive language shall be reported to the Jury by the witnessing official. The Jury may impose penalties ranging from reprimand to time penalties up to **60 seconds!**

11. APPEALS

11.1. Appeals vs Protests: Scullers, and institutions represented by sweep-oared entries, may appeal for relief from any ruling of ineligibility or any penalty imposed upon them by the Regatta for alleged infractions, e.g. interference, course violations, etc., but no protest alleging interference by a competing entry shall be heard.

11.2. Enforcement of Racing Rules: The Regatta covers every section of the course, from start to finish, with fully trained Umpires. Their calls on questions of interference and buoy violations will be considered final. **No re-rows or time credits to fouled entries will be possible.** Offenders WILL BE PENALIZED according to the racing rules. Preliminary results will be released immediately following each race, and Official Results will be released once all Umpires' calls have been reviewed by the Jury.

11.3. Appeals Process (NEW FOR 2011): Appeals seeking changes to the Official Results may be received, in writing, to the Jury Clerk at Cambridge Boat Club until 1 hour after results are posted for the last race on Saturday for Saturday's races and 6:00 PM on Sunday for Sunday's races. Should a crew want to appeal but not be able to make the deadline on Saturday they can call the Jury Leader at and leave a

message that they intend to appeal. Such appeals must be submitted as above within 1 hour after the first race ends on Sunday. **Appeals received after this time will not be considered.** The Race Committee reserves the right to extend the deadline due to scheduling changes of the Regatta. Appeals will no longer be accepted on Monday. Official Results will be posted at www.hocr.org.

11.4. Eligibility: Objections to any entry's eligibility may be made to the Jury Clerk at the Cambridge Boat Club and the Rowing & Fitness Expo at any time, but preferably before the race in question.

11.5. Note:

- (A) The Race Committee reserves the right to rule on any situation not covered in these or other printed rules and to penalize or disqualify any competitor or crew that appears to violate the spirit or letter of the Regatta's rules.
- (B) Any sculler/crew which has solicited sponsorship or otherwise obtained any kind of sponsorship and wishes to wear company identification, or place company identification ("logo") on rowing equipment during the race or during any sanctioned Head Of The Charles Regatta activity, must seek approval from the Executive Director. In the event the approval is given, all identification must conform to the current FISA standards regarding size of corporate logos on all uniforms, shells, oars and related equipment. Failure to conform to this policy may lead to disqualification.

SECTION C: GUIDELINES AND RESPONSIBILITIES

12: GENERAL RESPONSIBILITIES (GUIDANCE TO CREWS AND SCULLERS)

The Charles River is a narrow course with many tight turns. Good sportsmanship is expected at all times and costly penalties have been assigned in the past in cases of bad sportsmanship. The ability to accomplish effective and safe passing is an important aspect of successful racing. However, there are many situations when passing cannot be accomplished safely due to traffic congestion and physical obstacles. The following are the basic responsibilities of scullers and crews in these situations:

12.1. Responsibility of Overtaking Boat (Passer): The boat overtaking (Passer) has the right of way to pass (on the side of its choice) if a safe pass can be accomplished. However, crews and scullers must take note of the following:

- (A) If a pass is attempted and there is not adequate room and time to perform the pass, the Passer is at risk of incurring interference penalties.
- (B) In situations involving three and more boats, there are areas such as bridge arches and narrow, tight turns where passing cannot be accomplished safely. In these situations the Passer must be prudent and delay the act of passing until the pass can be accomplished without incident. The wise sculler or crew knows that more time can be lost by pressing a situation rather than by slowing down and waiting for the right moment to pass.
- (C) Communicate effectively during racing. **All shells with bow-loaded coxswains** are strongly advised to have their bow seat rower notify the coxswain when there is clear water astern after completing the pass. Timely instruction from the bow seat rower may assist the Passer's coxswain in avoiding stern-to-bow collision and/or an interference penalty due to cutting in too soon.

12.2. Responsibility of Overtaken Boat (Overtakee): The boat being overtaken (Overtakee) must yield and give suitable room to the Passer (on the side chosen by the Passer) if a safe pass can be accomplished. Generally this will be the shortest line that gives an advantage. Failure to yield to the Passer is one of the most serious infractions of competitive conduct. Crews and scullers must:

- (A) Be alert to possible upcoming passing attempts and promptly yield when there is adequate room and time.
- (B) Be prepared to miss a few strokes to allow the Passer to pass safely and without interference.

- (C) Communicate effectively during racing. All shells with bow-loaded coxswains are strongly advised to have their bow seat rower notify the coxswain if a following crew is about to make a pass and on which side the passer is approaching. Timely instruction from the bow seat rower may assist the coxswain in avoiding an interference penalty.

12.3. Safety: Respect for the safety of other competitors and their equipment must be observed at all times. At no time should an oar be used in anger toward another crew or competitor.

12.4. Race Pace: While racing, boats must proceed at a racing pace along the entire course, except where safety considerations dictate otherwise. Any boat whose time is more than 10 minutes slower than that of the fastest time in its event-division may be recorded as “did not finish.”

SECTION D: REGATTA INFORMATION

13. BOAT LAUNCHING AND STORAGE

13.1. Singles and Doubles: Rowers of singles and doubles will store their boats and launch from the Singles and Doubles Launch (SADL) at Magazine Beach, off Memorial Drive on the Cambridge side of the Charles River. Parking is available at 620 Memorial Drive, directly across from the BU Bridge. SADL opens on Friday, October 21.

13.2. Driving to SADL: I-90 (Mass Pike) East to Exit 18 Brighton/Cambridge. Follow signs to Cambridge. Proceed through several traffic lights and cross the Charles River via the River Street Bridge. Once across the bridge, take a right onto Memorial Drive so the river is on your right.

13.3. Fours/Eights/Quads: Boat launching and storage space will be available at the Finish Area Launch Site (FALS) on Soldiers Field Road on the Boston side of the Charles River, between Eliot Bridge and Northeastern’s Henderson Boathouse. FALS consists of one large parking lot adjacent to the finish line, and three smaller lots nearer to Eliot Bridge. Trailers will be parked very close together and not necessarily in close proximity to the launching docks. The Regatta will provide rack space near the docks for storage of boats during the weekend and use of these racks is strongly encouraged.

13.4. Trailer Parking Registration: Due to limited space for parking and rigging, Trailer Parking at FALS will be limited to trailers carrying at least four sweep hulls. All other trailers will be asked to offload at a designated location at the Finish Area Launch Site and move their trailers to the Daly Field Lot. **Trailer parking pre-registration is also required for 2011.** All organizations interested in bringing a trailer on-site must register at <http://www.hocr.org/competitors/trailer%20registration.asp> by October 1.

13.5. Driving to FALS: I-90 (Mass Pike) East to Exit 18 Brighton/Cambridge. Follow signs to Cambridge. Proceed through several traffic lights and cross the Charles River via the River Street Bridge. Once across the bridge, take a LEFT onto Memorial Drive so the river is on your left. Continue for 1.6 miles. When the road forks (near the Cambridge Boat Club), stay to the left, following signs for Watertown/Newton. Proceed through the traffic light, staying in the left or center lane to approach the Eliot Bridge. While crossing the Eliot Bridge, move to the right, and then turn to the right, following signs for Newton. A Regatta Volunteer will meet trailers and direct them to a parking space. Please use the utmost caution when traveling on Soldiers Field Road, which is not designed for large vehicles. DO NOT attempt to drive under any overpasses on Soldiers Field Road. A portion of this route closes at 8:00 AM Saturday and Sunday. Trailers arriving after that should contact the Regatta for alternate directions.

13.6. FALS Parking Policy: The FALS area will open for trailer parking from **7AM - 6 PM on Friday, October 21**. Those arriving before 7AM Friday will be directed to an off-site lot until opening time. All trailers must approach the area from the Eliot Bridge end of Memorial Drive/Soldiers Field Road. A Regatta Volunteer will meet all trailers and issue the driver a parking permit for a specific area and direct the driver to that area. Courteous cooperation with their direction is expected. **NO OTHER VEHICLES ARE PERMITTED TO ENTER THE PARKING AREA.** All unauthorized parked vehicles will be towed.

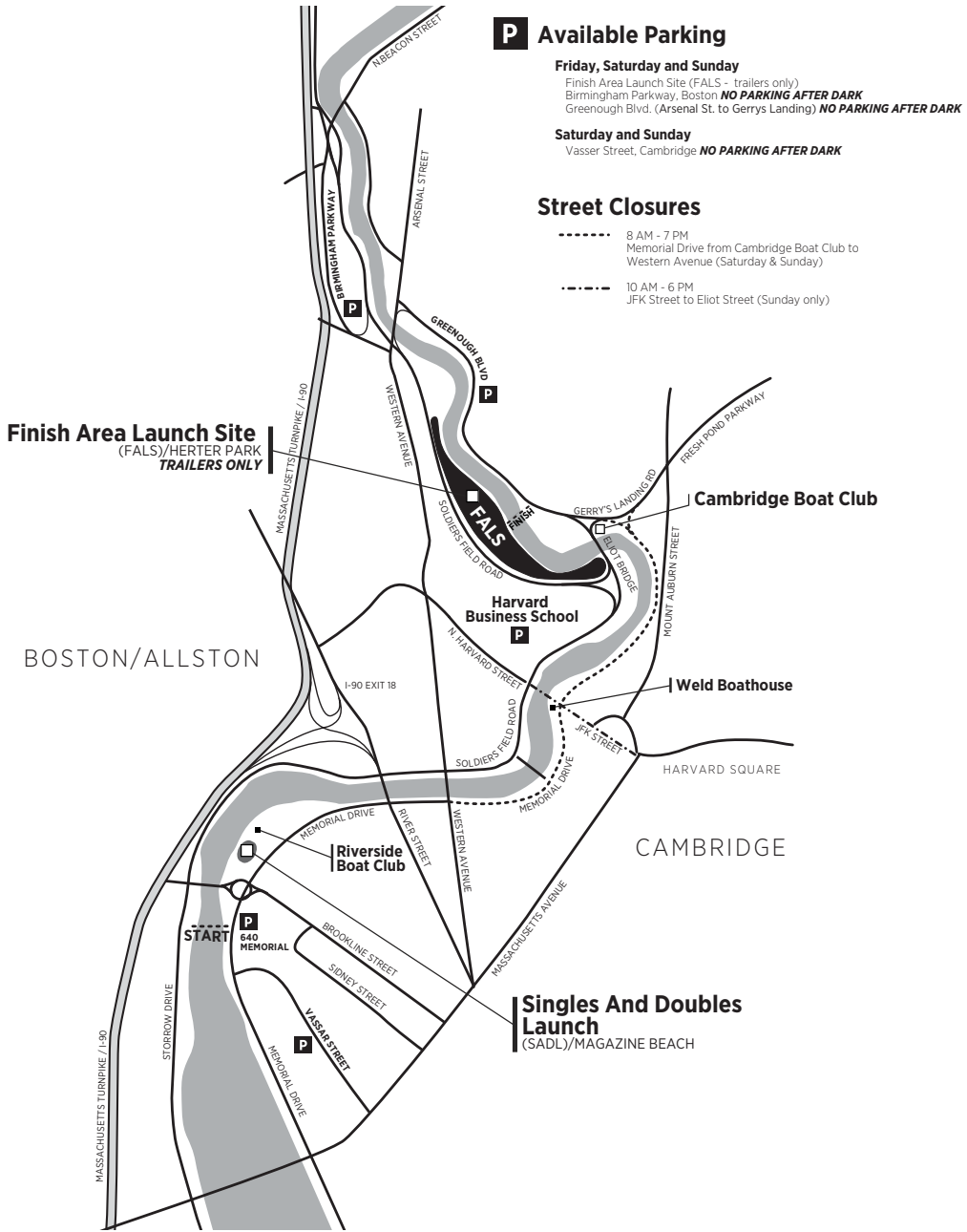


Figure 13.6.1 Available Parking Areas and Road Closures

13.7. Notes:

- (A) Due to limited space, preference will be given to fully loaded trailers. Partially loaded and late arriving trailers may be asked to unload and then park in an offsite lot. Those arriving before 7AM Friday will be directed to an off-site lot until opening time. If your vehicle is carrying shells to be used only Saturday and you wish to remove the vehicle permanently after Saturday's racing, please let the Regatta Volunteer know; an attempt will be made to assign an unobstructed space to allow you to leave. Trucks which detach from trailers and leave the parking area may not return until late Sunday afternoon. Vehicles carrying only single or double shells will not be permitted to enter FALS. They will be directed to the Singles and Doubles Launching (SADL) area at Magazine Beach.
- (B) Officers will be on-site Friday and Saturday evenings to provide security, but the Regatta cannot assume responsibility for equipment. The DCR and State Police will also control traffic at each end of Soldiers Field Road when the Regatta is over.

13.8. Vehicular Parking: Parking is available on Birmingham Parkway on Friday, Saturday and Sunday, and on Greenough Boulevard on Saturday and Sunday. Drivers should obey posted regulations and should not park after dark. A shuttle bus for athletes and spectators will circulate throughout the race area Friday afternoon and Saturday and Sunday.

14. UNAUTHORIZED VENUE USAGE




Tents, fires, alcohol, littering, unauthorized tents, and/or unauthorized selling of any kind on the banks of the Charles River and adjacent roadways is prohibited by the Massachusetts Department of Conservation and Recreation (DCR). Please help us assure the continuance of the Regatta by seeing that everyone from your organization is fully aware of these prohibitions, and by informing your Boston area Alumni leaders as soon as possible.

15. SAFETY

15.1. First Aid: First Aid is provided by volunteers from the **American Red Cross** (ARC). Along the course there are six (6) First Aid Stations; six (6) Launches with First Aid and three (3) Ambulances staffed by professional EMTs. All Emergency Services, including State Police, Cambridge Fire Department, and the Ambulance Companies are in radio contact with the Emergency Communications Center at the Cambridge Boat Club.

15.2 Emergency Response: If you see or have an emergency:

- (A) Alert the nearest American Red Cross Station, Launch Volunteer, Police Officer or Course Umpire.
You can call the Emergency Communications Center directly at 617-868-0002.
- (B) Describe the emergency. State the location (e.g.: Boston or Cambridge side of the river; up or down stream from a specific landmark). State the nature of the incident and number of people involved.
- (C) Stay calm! Help will be on the way immediately, as there is a radio network at HOCR for emergency situations. If possible, prevent people from interfering with response efforts.

- First Aid Station 
- State Police 
- First Aid Launch 
- Ambulance 